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How to Make Peppermint Slime for Sensory Play

What you need in order to make green peppermint slime:

- 1/2 cup school glue + 1 extra tablespoon (equivalent to a little less than 1 bottle, can use clear or white)
- 1/2 cup liquid starch (sold in the laundry aisle)
- 1/2 teaspoon peppermint extract
- 10+ drops green food coloring (depends on how dark you want it to be)
- 1+ tablespoon green craft glitter (optional)

How to make green peppermint slime:

1. In a medium-sized bowl, mix together 1/2 cup + 1 extra tablespoon school glue, 1/2 teaspoon peppermint extract, and 10+ drops green food coloring. If you want to add 1+ tablespoon green sparkles, mix those in now as well. (The sparkles will get on your hands and the play surface when you play with this slime, but they easily wash/wipe off when playtime is over. Whether or not to add sparkles is your call!) Make sure everything is thoroughly mixed before moving onto Step 2. It will smell like a candy cane forest invaded your kitchen!

2. Give your bottle of liquid starch a few shakes to make sure it's well-mixed. Then mix the liquid starch into your green peppermint glue mixture. (You decide whether your child should be allowed to help with the step in order to complete it safely.) You can pour it all in at once and then mix by spoon/hand right away or, to be safe, you can mix the liquid starch into your glue mixture 1 tablespoon at a time until you use up the designated amount or it takes on the form of slime. This allows you to make sure you don't end up with too much liquid starch right from the get-go. A good slime should be squishy but not sticky.

3. Mix and mix and squeeze and knead your green peppermint slime mixture for several minutes. It should start to take the form of slime. Like I said, squishy but not sticky. If your slime doesn't seem to be molding together and is stringy after several minutes of mixing and kneading, DON'T PANIC! Do some simple troubleshooting. I learned from [Asia Citro's book](#) that if slime is stringy but not sticky, it means you have too much liquid starch and you need to add a little bit of glue. If your slime is stringy and also sticky, it means you have too much glue and you need to add a little bit of liquid starch. Take a look at [this post on how to fix slime that didn't work out](#) for some great pictures and explanations of what typical slime fails (and successful slime fixes) look like. Perfect your ratio as needed until your green peppermint slime is good-to-go!

Be sure to wash hands after playing with the slime. If it gets on clothes, just toss them in the wash and it will come right out (at least it has for us). Store slime in an airtight container and it should stay good for at least a few weeks. Just be sure to inspect it for smell or other signs of going bad prior to each play session.

Please keep in mind this slime recipe is only appropriate for children who will not put their hands in their mouth or eyes during play, approximately preschool-aged and older. Have fun!

